

How to Run a Water Relay Race

It's summer, it's hot, and your kids want to spend 24/7 playing outside in the pool, with their favorite water table, or sliding down a waterslide (water slides are pretty sweet after all). If you're looking for a new way to mix up things in the backyard this summer, try a water relay race! Here's everything you'll need:

- 8 or so odd containers that can hold roughly the same amount of water in them (the weirder the better)
- Cones (or something to mark the boundaries)
- Access to a garden hose or other water source
- Your swimsuits
- Plenty of open space

Split the players (probably your kids, but you can play too!) into two teams. This game works great with 2 to 4 players per team. Each team should put a cone (or another marker) at one end of your playing area and another on the opposite end (ideally about 25 feet away).

Fill two of your odd containers with water and place one at each team's starting cone. Place one empty odd container at each team's starting point as well, and split the remaining odd containers between each team's ending point. You should now have at least two odd containers at each team's start and end point.

The goal of a water relay race is to run back and forth between the two ends, stopping to transfer the water from one odd container to another after each length of the race. Each team keeps going until the water has been in every container on both ends. Whichever team has the most water left in their container at the end wins!

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